

Nutritional Science Minor (15 credit hours)

The purpose of the Nutritional Science minor is to provide students with knowledge to: (a) make informed nutrition choices, (b) educate others about proper nutrition, (c) understand the community health systems and governmental agencies that provide nutritional sustenance for those who cannot afford it, and (d) interpret labels according to FDA guidelines.

The minor is open to any current IU Kokomo student who has a minimum 2.0 cumulative GPA. It is also open to graduates and community members who have a B.A. or B.S. degree with a minimum 2.0 cumulative GPA. For successful completion of the minor, students must attain a C in each required and elective course.

It is the student's responsibility to consult their school/unit to determine the suitability and practicality of the minor. This minor is not available to Health Science students who have a concentration in Nutritional Sciences.

Minor Requirements (15 credit hours)

Required Courses

Course Code	Course Title	Semester	Grade
AHLT-N 336	Nutrition Through the Life Cycle		
HPER-N 220	Nutrition for Health		

All courses are 3 credit hours

Elective Courses (choose 9 credit hours)

Course Code	Course Title	Semester	Grade
AHLT-N 130	Introduction to Foods		
AHLT-N 230	Food Selection and Preparation		
AHLT-N 260	Nutritional Education and Counseling **		
AHLT-N 271	Cultural Gustatory Perceptions		
AHLT-N 361	Methods and Materials in Nutrition Ed**		
AHLT-N 378	Global Nutrition		
AHLT-N 404	Medical Nutrition Therapy 1		
AHLT-N 405	Medical Nutrition Therapy 2		
AHLT-N 442	Exercise and Nutrition		

All courses are 3 credit hours

** Fulfills a CHES requirement